

**EAST HIGH SCHOOL  
BLACK RAIDER  
2021 VARSITY  
SCHEDULE**

<b>8/27</b>	<b>@HEELAN</b>
<b>9/03</b>	<b>SC NORTH</b> (YOUTH FOOTBALL NIGHT)
<b>9/10</b>	<b>@LEMARS</b>
<b>9/17</b>	<b>@SB-L</b>
<b>9/24</b>	<b>ANKENY CENTENNIAL</b> (HOMECOMING)
<b>9/30</b>	<b>WAUKEE NORTHWEST</b>
<b>10/08</b>	<b>@DM EAST</b>
<b>10/15</b>	<b>@DM ROOSEVELT</b>
<b>10/22</b>	<b>SC WEST</b> (SENIOR NIGHT)

All Varsity Games start at 7:00 p.m.



Vision: The East High football program will be recognized state wide as a team that plays with great purpose, effort and sportsmanship.

Purpose: The relentless pursuit of excellence in high school football.

Mission Statement:

1. Build confidence, self-esteem, and a feeling of contribution within each person.
2. Encourage open and honest communication from all team members.
3. Respect the dignity and diversity of each person on the team.
4. Commit to team unity through strong leadership principles and trust in each other.

**You can now register on-line!!!**

**Visit [www.sceastcamps.com](http://www.sceastcamps.com) to  
get signed up!**

**2021  
EAST HIGH  
RAIDER  
FOOTBALL  
CAMP**



**August 2<sup>nd</sup> – August 5<sup>th</sup>**

**Siouxland Expo Center  
550 S. Lafayette Street**

**JUNIOR CAMP**

(Grades 3-8) 3:30 to 5:00 p.m.

**HIGH SCHOOL CAMP**

(Grades 9-12) 5:30 to 7:30 p.m.

[www.blackraiderfootball.com](http://www.blackraiderfootball.com)  
Twitter @sceastfootball

## **CHAMPIONS' CAMP**

Champions' Camp is designed to give 3<sup>rd</sup> through 12<sup>th</sup> grade members of the East High Raider Football family a positive, FUN experience with a great game by teaching fundamentals, skills and teamwork.

Champions' Camp is open to young men of all skill levels, whether they've played before or not. It is NOT a contact or conditioning camp.

Camp will be instructed and run by the East High Raider football staff. They will work with each young man individually to improve his skill level, develop a love of the game and encourage the qualities that will help him be his best in all areas of life. Players will learn both offensive & defensive techniques each day and be given opportunities to develop skills in the kicking game as well.

### **Focus areas will include:**

- \*EHS Flexibility program
- \*Raider Agility and Speed Development program
- \*Stance & starts for all positions
- \*Blocking and tackling fundamentals
- \*Ball security
- \*Passing and catching techniques
- \*Individual position fundamentals



## **IMPORTANT INFORMATION**

**Cost:** Single camper - \$65  
Family plan - \$85 for 2, \$95 for 3

**\*All pre-registered campers will receive a camp t-shirt**

**\*Payment must be received by July 30<sup>th</sup> to guarantee t-shirt**

**Location:** Walk-up registration starting ½ hour before each session on August, 2<sup>nd</sup>.  
All sessions at Siouxland Expo Center.

**Age groups:** 3<sup>rd</sup> – 8<sup>th</sup> Grade 3:30 – 5:00 P.M.  
9<sup>th</sup> -12<sup>th</sup> Grade 5:30 – 7:30 P.M.

**Attire:** T-shirt or sweatshirt, shorts/sweats, socks, football shoes (preferred)

### **Payment Options:**

Online: [www.sceastcamps.com](http://www.sceastcamps.com)  
Cash: Bring early first day of camp  
Checks: Payable - East High Football  
Mail: Brian Webb  
East High School  
3200 S. Cypress St.  
Sioux City, IA 51106

## **2021 EAST HIGH RAIDER FOOTBALL CAMP APPLICATION**

**Name(s):** \_\_\_\_\_  
\_\_\_\_\_

**Grade(s) (Fall 2021):** \_\_\_\_\_

**T-Shirt Size: Circle Choice**

**YS YM YL AS AM AL AXL AXXL AXXXL**

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Condition of Enrollment:** I hereby authorize the staff of the East High School Football Camp to act for me according to their best judgment in the event of any emergency requiring medical attention. I also waive and release the camp staff for any and all liability for any injuries and illness incurred while at camp. I have no knowledge of any physical impairment that would be affected by the above camper's participation in the camp.

**COST:** \$65 – 1 Camper  
\$85 - 2 campers / same family  
\$95 - 3 campers / same family

**WEBSITE:** [www.sceastcamps.com](http://www.sceastcamps.com)  
**CHECKS TO:** East High Football

**MAIL FORM & PAYMENT TO:**  
Brian Webb  
East High School  
3200 S. Cypress St.  
Sioux City, IA 51106

**QUESTIONS? Call – 712-274-3201**